

# UTAH JAZZ YOUTH GAMEDAY CLINIC CURRICULUM



**Noon-12:30pm** CHECK-IN / SHOOTAROUND

**12:30-12:40pm** MOTIVATIONAL THOUGHT

**12:40-12:50pm** DYNAMIC WARMUP

**12:50-1:10am** STATIONS 1

**1:10-1:30pm** STATIONS 2

**1:30-1:50pm** STATIONS 3

**1:50-2:10pm** STATIONS 4

**2:10-2:50pm** GAMES

**2:50-3:00pm** WRAP-UP